

# Good Day To Run

Choreographed by: *Benny Ray (Denmark), July 2011*

Description: *32 counts, 2 wall, beginner line dance*

Music: *"A Good Day To Run" by Darryl Worley (from the album: "Have You Forgotten")*

## **4 X DIAGONAL STEP TOUCH**

1-2 Step forward to right diagonal, touch left next to right  
3-4 Step back to left diagonal, touch right next to left  
5-6 Step back to right diagonal, touch left next to right  
7-8 Step forward to left diagonal, touch right next to left

## **R STEP, LOCK, STEP, SCUFF, L STEP, LOCK, STEP, SCUFF**

9-10 Step forward on right, lock left behind right  
11-12 Step forward on right, scuff left forward  
13-14 Step forward on left, lock right behind left  
15-16 Step forward on left, scuff right forward

## **STEP, ½ TURN, STEP, HOLD, TRIPLE FULL TURN R**

17-18 Step forward on right, make ½ turn left  
19-20 Step forward on right, hold  
21-22 Make ½ turn right stepping back on left, make ½ turn right stepping forward on right  
23-24 Step forward on left, hold

## **RUN FORWARD, TOUCH, RUN BACK, TOUCH**

25-26 Step forward right, step forward left  
27-28 Step forward right, touch left next to right  
29-30 Step back left, step back right  
31-32 Step back left, touch right next to left

## **REPEAT**

[www.bennyray.dk](http://www.bennyray.dk)