

# Friday Night Swing

Choreographed by: *Emily Drinkall & Benny Ray*

Description: *32 counts, 4 wall, beginner/improver line dance (east coast swing)*

Music: *"Friday Night Cowgirl" by Wenche*

## **CHASSE RIGHT, ROCK, RECOVER, CHASSE LEFT, ½ TURN, CHASSE RIGHT**

- 1 & 2 Step right foot side, close left next to right, step right to side
- 3-4 Rock back on left, recover weight onto right
- 5 & 6 Step left to side, close right next to left, step left to side
- 7 & 8 Making ½ turn over right shoulder step right to side, close left next to right, step left to side

## **ROCK FORWARD, SHUFFLE BACK, ROCK BACK, ½ TURN LEFT**

- 1-2 Rock forward on left, recover weight onto right
- 3 & 4 Step back on left, close right next to left, step back on left
- 5-6 Rock back on right, recover weight onto left
- 7-8 Step forward on right, pivot ½ turn over left shoulder

## **POINTS X 2, HEELS X 2, SLIDE, ¼ SAILOR TURN LEFT**

- 1 & 2 & Point right toe to right side, close right next to left, point left to side, left next to right
- 3 & 4 & Dig right heel forward, close right next to left, dig left heel forward, close left next to right
- 5-6 Take big step to right, slide left towards right
- 7 & 8 Make ¼ turn left crossing left behind right, step right to side, replace weight onto left

## **KICK BALL CHANGE X 2, SAILOR STEP, WEAWE RIGHT**

- 1 & 2 Kick right forward, step right slightly back, replace weight onto left
- 3 & 4 Kick right forward, step right slightly back, replace weight onto left
- 5 & 6 Cross right behind left, step left to side, step right to side
- 7 & 8 Cross left behind right, step right to side, cross left over right

## **REPEAT**

[www.inspiredance.co.uk](http://www.inspiredance.co.uk)

[www.bennyray.dk](http://www.bennyray.dk)